

# Counseling (COUN)

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## Courses

### ***COUN 1150 Career and Life Planning: 1 semester hour.***

Centers on theories and actual processes of effective decision-making with direct application to participants' short and long range life goals. Course will emphasize self-understanding and methods for gathering appropriate external information. Career decisions are emphasized. F, S

### ***COUN 1198P Professional Development Workshop: 3 semester hours.***

New methods and opportunities to enhance and supplement skills. Subject to the approval of the Dean of the student's college, a maximum of eight credits earned in workshops may be applied toward a degree; students taking the courses only for personal development may choose the 0-credit option; those seeking professional development must choose a for-credit option.

### ***COUN 1199 Experimental Course: 1-6 semester hours.***

The content of this course is not described in the catalog. Title and number of credits are announced in the Class Schedule. Experimental courses may be offered no more than three times with the same title and content. May be repeated.

### ***COUN 2200 Multicultural Development: 1 semester hour.***

Acquaints students with information related to the appreciation of individual differences as it relates to race, gender, and national origin in a pluralistic society. D

### ***COUN 2201 Introduction to Leadership: 1 semester hour.***

Contemporary approaches to leadership with an emphasis on the practical application of theoretical models. Graded S/U. D

### ***COUN 2210 Human Relations at Work: 3 semester hours.***

The development of knowledge and skills to enhance cooperation between employers and employees in various work settings. Exploration of current thought on the nature, process, and diversity of human interaction as it applies to the world of work. D

### ***COUN 2299 Experimental Course: 1-6 semester hours.***

The content of this course is not described in the catalog. Title and number of credits are announced in the Class Schedule. Experimental courses may be offered no more than three times with the same title and content. May be repeated.

### ***COUN 3300 Interpersonal Skills in Health Professions: 2 semester hours.***

Theory and practice in the use of effective interpersonal communication skills and styles for health care providers. D

### ***COUN 3350 Self Fulfilling Behavior: 1 semester hour.***

Course objective is to assist the student in developing satisfying personal and interpersonal emotional skills and habits. Combines instruction in principles of mental health with practical methods for applying principles to problems of everyday life. PREREQ: Permission of instructor. Graded S/U. D

### ***COUN 3399 Experimental Course: 1-6 semester hours.***

The content of this course is not described in the catalog. Title and number of credits are announced in the Class Schedule. Experimental courses may be offered no more than three times with the same title and content. May be repeated.

### ***COUN 4423 Vocational Guidance and Counseling: 3 semester hours.***

Study of occupational trends, job opportunities, factors involved in selecting an occupation and means of evaluating interests in terms of capabilities. D

### ***COUN 4484 Guidance Principles and Practices: 3 semester hours.***

Survey of the various guidance practices in secondary education. Each service is discussed from the point of view of its role in the total educational program. D

### ***COUN 4485 Independent Problems: 1,2 semester hour.***

Individual work under staff guidance. Field and/or library research on specific educational problems of interest to majors. Experience in research composition. PREREQ: Permission of instructor. D

### ***COUN 4490 Introduction to Counseling Services: 1 semester hour.***

Introduction to the counseling profession, including an overview of the curriculum, experience and skills needed to be a successful licensed counselor. F, S

### ***COUN 4491 Seminar: 1-3 semester hours.***

Critical analysis of the literature in one or more areas. Limited enrollment. May be repeated up to 8 credits. PREREQ: Permission of instructor. May be graded S/ U or with letter grades in separate sections. F, S, Su

### ***COUN 4494 Elementary School Guidance: 2 semester hours.***

Study of (1) the function of guidance in relation to children's needs; (2) principles and techniques of elementary school guidance; (3) analysis of representative programs of guidance in the elementary schools; and (4) research related to elementary school guidance and resulting trends. D

### ***COUN 4498P Professional Development Workshop: 3 semester hours.***

New methods and opportunities to enhance and supplement skills. Subject to the approval of the Dean of the student's college, a maximum of eight credits earned in workshops may be applied toward a degree; students taking the courses only for personal development may choose the 0-credit option; those seeking professional development must choose a for-credit option.

### ***COUN 4499 Experimental Course: 1-6 semester hours.***

The content of this course is not described in the catalog. Title and number of credits are announced in the Class Schedule. Experimental courses may be offered no more than three times with the same title and content. May be repeated.