

Minor in Coaching

The Coaching minor is designed to provide direction for administrators, coaches, athletes and the public regarding the skills and knowledge that coaches should possess. Domains addressed include: Injury Prevention, Care and Management; Risk Management; Growth, Development and Learning; Training, Conditioning and Nutrition; Social-Psychological Aspects of Coaching; Skills, Tactics and Strategies; Teaching and Administration; and Professional Preparation and Development.

To be eligible for the Coaching minor, candidates must complete 19 credits—12 credits of required courses and 7 credits of elective courses. The candidate must achieve the following in addition to completing the course requirements.

Graduation Requirement

In order to graduate from the Sport and Exercise Science major, the candidate must achieve the following in addition to completing the course requirements:

1. A minimum grade of “C” (2.0) in all required and elective minor courses.
2. A minimum GPA of 2.75 in the minor.
3. Current First Aid and CPR certification from a nationally recognized provider

| Code | Title | Credits |
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| Required Courses: | | |
| HPSS 3303 | Kinesiology for Teachers and Coaches | 3 |
| HPSS 3322 | Introduction to Sport Psychology | 3 |
| HPSS 3370 | Care and Prevention of Athletic Injuries | 3 |
| HPSS 4433 | Coaching Philosophy and Ethics | 3 |
| Elective Courses | | |
| Select four (4) credits: | | 4 |
| HPSS 3312 | Practical Applications of Coaching Baseball and Softball | |
| HPSS 3313 | Practical Applications of Coaching Basketball | |
| HPSS 3314 | Practical Applications of Coaching Football | |
| HPSS 3315 | Practical Applications of Coaching Soccer | |
| HPSS 3316 | Practical Applications of Coaching Tennis | |
| HPSS 3317 | Practical Applications of Coaching Track and Field | |
| HPSS 3318 | Practical Applications of Coaching Volleyball | |
| HPSS 3319 | Practical Applications of Coaching Wrestling | |
| HPSS 3320 | Practical Applications of Coaching Endurance Sports | |
| HPSS 3321 | Practical Applications of Coaching Strength Training | |
| HPSS 4480 | Coaching Problems | |
| Select three (3) credits: | | 3 |
| HPSS 2223 | Foundations of Physical Education and Sport | |

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| HPSS 3300 | Movement Theory and Motor Development | |
| HPSS 4475 | Organization and Administration of Physical Education | 3 |
| HPSS 4493 | Issues in Sport | 3 |
| Total Credits | | 19 |