

Minor in Outdoor Education

Candidates seeking a minor in outdoor education must complete a total of 22 credits from the four components below. Candidates must also achieve the following in addition to completing the course requirements.

Graduation Requirement

In order to graduate from the Sport and Exercise Science major, the candidate must achieve the following in addition to completing the course requirements:

1. A minimum grade of "C" (2.0) in all required and elective minor courses.
2. A minimum GPA of 2.75 in the minor.
3. Current First Aid and CPR certification from a nationally recognized provider

Leadership and Teaching Component (9 credits):

Code	Title	Credits
HPSS 3386	Outdoor Leadership	3
HPSS 4440	Survey of Outdoor Education Literature	3
HPSS 4445	Methods of Teaching Outdoor Activities and Practicum	3-4

Outdoor Education Safety Component (5 credits):

Code	Title	Credits
Required Course		
HPSS 2283	Leave No Trace Trainer	1
Electives 4		
Select a minimum of four (4) additional credits from the following list. One of the courses (and no more than one course) must be wilderness first aid-related.		
HPSS 2271	Winter Survival Skills	1
HPSS 2272	Wilderness Survival Skills	1
HPSS 2282	Map Compass and Backcountry Navigation	1
HPSS 2285	Wilderness First Aid	1
HPSS 2286	Avalanche and Winter Sports Safety	1
HPSS 3381	River Safety and Swiftwater Rescue	1
HPSS 3383	Advanced Rock Climbing and Climbing Safety	2
HPSS 4441	Wilderness First Responder Certification	3

Candidates who at the time of graduation possess a current certificate in Emergency Medical Technician (EMT) or Wilderness First Responder may apply three (3) credits to this component.

Natural History OR Outdoor Business Component (3 credits)

Students may select either of the following two options:

Option A: Natural History Component (minimum of 3 credits)

(Courses in this Option are waived for majors or minors in geology, biology, botany, zoology or ecology.)

Code	Title	Credits
BIOL 1101 & 1101L	Biology I and Biology I Lab	4

BIOL 1102 & 1102L	Biology II and Biology II Lab	4
BIOL 2209	General Ecology	4
BIOL 2213	Fall Flora	2
BIOL 2214	Spring Flora	2
BIOL 3337	Conservation Biology	3
BIOL 4426 & 4426L	Herpetology and Herpetology Lab	4
BIOL 4427 & 4427L	Ichthyology and Ichthyology Lab	4
BIOL 4438	Ornithology	4
BIOL 4441 & 4441L	Mammalogy and Mammalogy Lab	4
BIOL 4489	Field Ecology	4
GEOL 1100	The Dynamic Earth	3
GEOL 1100L	The Dynamic Earth Lab	1
GEOL 1101	Physical Geology	3
GEOL 1101L	Physical Geology Lab	1
GEOL 4456	Geology of Idaho	2
GEOL 4491	Seminar	1
PHYS 1152	Descriptive Astronomy	3
PHYS 1153	Descriptive Astronomy Laboratory	1

Option B: Outdoor Business Component (3 credits)

(Courses in this option are waived for business related majors or minors.)

Code	Title	Credits
MGT 1101	Introduction to Business	3
MKTG 2225	Introduction to Marketing	3
ACCT 3303	Accounting Concepts	3

Experiential Skills Component (5 credits)

Minimum of five (5) credits required. Courses selected must be different from those used to fulfill the requirements of the Outdoor Education Safety Component.

Code	Title	Credits
HPSS 2200	Team Building Leadership	2
HPSS 2271	Winter Survival Skills	1
HPSS 2272	Wilderness Survival Skills	1
HPSS 2280	Winter Camping and Backcountry Travel	1
HPSS 2281	Practical Outdoor Skills	1
HPSS 2282	Map Compass and Backcountry Navigation	1
HPSS 2284	Intermediate Kayaking and Whitewater Safety	1
HPSS 2286	Avalanche and Winter Sports Safety	1
HPSS 2287	Snowboard Instructor Training	1
HPSS 2288	Ski Instructor Training	1
HPSS 3381	River Safety and Swiftwater Rescue	1
HPSS 3383	Advanced Rock Climbing and Climbing Safety	2

PEAC 1101	Adaptive Snow Skiing	1
PEAC 1108	Instructor Training of Adapted Snowskiing	1
PEAC 1163	Backpacking	1
PEAC 1165	Backcountry GPS Navigation	1
PEAC 1166	Canoeing	1
PEAC 1167	Kayak Touring	1
PEAC 1175A	Beginning Kayaking	1
PEAC 1176A	Beginning Rock Climbing	1
PEAC 1177A	Beginning Cross-Country Skiing	1
PEAC 1178A	Beginning Telemark Cross-Country Skiing	1
PEAC 1178B	Intermediate Telemark Cross-Country Skiing	1
PEAC 1181	Mountain Biking	1
PEAC 1182C	Advanced Dutch Oven Cooking	1
PEAC 1185	Basic Mountaineering	1
PEAC 1186B	Intermediate Fly Fishing	1
PEAC 1189	Beginning Gym Climbing	1
PEAC 1191B	Intermediate Horsemanship	1
PEAC 1194	Caving Workshop	1
Total Credits		22

¹ When workshop relates to outdoor education, i.e., Canoe Workshop (1 cr), Whitewater Rafting Workshop (1 cr), Backpacking Workshop (1 cr), Advanced Kayaking-Summer Field Experience (1 cr), Beginning Rock Climbing-Summer Field Experience (1 cr), Advanced Rock Climbing-Summer Field Experience (1 cr).