

# Health Education 45 Credit Endorsement

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## Prerequisites:

Admission to Teacher Education Program

## Required Courses:

Code	Title	Credits
CPH 2200	Promoting Wellness	3
CPH 2221	Introduction to Community and Public Health	3
CPH 3340	Fitness and Wellness Programs	3
CPH 3342	Stress Management	3
CPH 4410	Health Behavior Change Theory and Application	3
CPH 4415	Research Methods in Public Health	3
CPH 4420	Program Planning	3
CPH 4430	Curriculum and Methods in Health Education	3
CPH 4432	Community and Public Health	3
CPH 4442	Environmental Health in Community and Public Health	3
CPH 4443	Substance Use and Misuse in Community and Public Health	3
CPH 4444	Human Diseases in Community and Public Health	3
CPH 4445	Human Sexuality in Community and Public Health	3
NTD 2239	Nutrition	3
<b>Plus one of the following courses (Minimum 3 credits)</b>		<b>3</b>
CPH 2211	Health Education Methods Elementary	
CPH 4405	Leadership and Policy	
CPH 4406	Epidemiology	
CPH 4446	Communication Strategies in Community and Public Health	
CPH Approved Electives (1-3)		
<b>Total Credits</b>		<b>45</b>